

Suggested Varieties for Vegetable Gardens in North Carolina

Seed or Plants	Amount Per Person Per Year	Suggested varieties	Suggested Planting Dates ¹	Distance between plants (in.)	Planting Depth (in.)	Min. Soil Temp.(F) ²	Approx. No. of seeds per ounce	Days to maturity
Asparagus (crowns)	10	Mary Washington, Jersey Gaint, Jersey Gem	Nov. 15- Mar. 15	15	6.0	-	-	2 years
Beans, Snap	1/4 pound	Tenerette, Harvester, Astro, Roma (flat), Derby, Dandy	Apr. 15- July 15	3	1.0	60	100	50-55
Beans, Pole	1/4 pound	Kentucky Wonder 191, Blue Lake Stringless, Romano (flat), Kentucky Blue	Apr. 15- July 1	6	1.0	50	100	65-70
Beans, bush lima	1/2 pound	Fordhook 242, Bridgeton, Early Thorogreen	May 1- July 1	6	1.5	65	70 ³	65-80
Beans, pole lima	1/2 pound	King of the Garden, Carolina Sieva (small)	May 1- June 15	6	1.5	65	70 ³	75-95
Beets	1/4 packet	Ruby Queen, Early Wonder, Red Ace, Pacemaker II, Emperor	Mar. 15- Apr. 15; July 15- Aug. 1-15	2	0.5	50	1,600	55-60
Broccoli ^{4,5}	15 plants	DeCicco, Packman, Premium Crop, Green Duke	Mar. 15- 31; July 15-Aug. 1- 15	18	0.5	45	9,000	70-80
Bussels Sprouts ^{4,5}	25 plants	Long Island Improved, Jade Cross Hybrid	July 1-15	20	0.5	45	9,000	90-100
Cabbage Plants ^{4,5}	25 plants	Round Dutch, Early Jersey	Feb. 1- Apr. 1;	12	0.5	45	9,000	70-80

		Wakefield, Red Express, Red Rookie, Sweetbase	Aug 1-15						
Cabbage, Chinese	1/4 packet	Pak Choi, Mei Ching, Jade Pagoda, China Pride	Mar.15-Apr.1; Aug 1-15	12	0.5	50	9,500	75-85	
Cantaloupe	12 plants	Classic, Magnum 45, Ambrosia, Honey Brew	Apr. 20-June 1	24	1.0	70	1,000	85-99	
Carrots	1/4 packet	Danvers Half Long, Spartan Bonus, Little Finger, Thumbelina, Scarlet Nantes	Feb 15-Mar 1; July 1-15	2	0.25	45	23,000	85-95	
Cauliflower ^{4,5}	25 plants	Early Snowball "A", Villet Queen, Snowcrown	Mar. 15-31; Aug 1-15;	18	0.5	45	10,000	55-65	
Collards ^{4,5}	25 plants	Vates, Moris' Improved Heading, Carolina	July 15-Aug 15	18	0.5	45	8,000	60-100	
Corn, sweet	1 Packet	Silver Queen, Seneca Chief, Honey 'n Pearl, How Sweet It Is, Bodacious, Merit	Apr.15-June 1	12	1.5	50	150	85-90	
Cucumbers, pickling	1/4 Packet	Carolina, Calypso, Liberty (mnts.), County Fair '83	Apr. 20-May 15; Aug 1-15	10	1.0	65	1,000	40-50	
Cucumbers, slicing	1/4 packet	Poinsett, Sweet Slice, County Fair '83, Salad Bush, Fanfare	Apr. 20-May 15; Aug 1-15	10	1.0	65	1,000	40-50	
Eggplant (plants) ^{3,4}	2 plants	Florida Highbush, Special Hibush,	May 1-31	24	0.5	70	6,000	80-85	

		Iciban, Rosa Bianco							
Kale	1/4 ounce	Green Curled Scotch, Early Siberian, Vates, Dwarf Blue Curled Scotch, Blue Knight	Mar.1-Apr.1; Aug.15-Sept 1	6	0.5	45	10,000	40-50	
Kohlrabi	1/4 ounce	White Vienna, Grand Duke Hybrid	Mar.1-Apr.15; Aug 1-Sept. 1	4	0.5	55	8,000	50-60	
Lettuce (leaf)	1/4 ounce	Grand Rapids, Salad Bowl, Buttercrunch, Red Sails, Romulus	Mar 1-Apr 1; Aug 1-Sept 1	6	0.25	45	25,000	40-50	
Lettuce (head)	15 plants	Great Lakes, Ithaca	Feb 15-Mar 15; Aug 15-31	10	0.25	45	25,000	70-85	
Mustard	1/4 ounce	Southern Giant Curled, Tendergreen, Savannah	Mar 1-Apr 1; Aug 1-Sept 15	2	0.5	40	15,000	30-40	
Onions (seed)	1/4 ounce	Texas 1015, Granex 33, Candy	Jan 15-Mar 31; Sept 1-30	4	0.5	50	9,500	130-150	
Onions (sets or plants)	50	Ebenezer, Excell, Early Grano	Feb 1-Mar 15; Sept 1-15	4	-	-	-	60-80	
Okra	1/4 packet	Clemson Spineless, Lee, Annie Oakly, Burgundy	May 1-31	12	1.0	70	500	60-70	
Peas (edible-podded)	1/2 pound	Sugar Snap, Mammoth Melting Sugar, Snowbird, Sugar Bon	Jan. 1-Mar.1	1	1.0	40	200 ³	60-70	
Peas, garden	1/2 pound	Wando, Green Arrow, Freezonian, Tall	Jan. 1-Mar 1	1	1.0	40	200 ³	65-70	

		Telephone						
Peas, southern	1/2 pound	Dixilee, Mississippi Silver, Colossus, Hercules, Mississippi Purple Hull	May 1- July 1	4	1.0	70	125	55-65
Peppers, sweet (plants) ^{3,4}	4 plants	California Wonder, Yolo Wonder, Pimento, Mexi Bell, Jingle Bells, King Authur	May 1-31	18	0.5	65	4,500	75-80
Peppers, hot (plants) ^{3,4}	2 plants	Red Chili, Cayenne, Hungarian Yellow Wax, Super Chili, Super Cayenne, Mitla	May 1-31	15	0.5	65	4,500	75-80
Potatoes (Irish)	10 pounds	Kennebec, Red Pontiac, Yukon Gold, Superior	Feb 15- Apr 1	10	5.0	40	-	95-120
Pumpkins	1/4 packet	Autumn God, Howden's Field, Spookie (small), Baby Bear, Connecticut Field	Apr. 15- June 15	48	1.5	70	110	115-120
Radishes	1/4 packet	Early Scarlet Globe, Cherry Belle, Snowbells, White Icicile	Feb 1-Apr 1; Aug 15-Sept 15.	1	0.5	45	2,000	25-30
Radish, Diakon	1/4 packet	April Cross, H.N. Cross	Feb 1- Apr 1; Aug. 15- Sept.15	1	0.5	45	2,000	60-75
Rutabagas	1/4 packet	American Purple Top, Laurentian	Feb 1- Apr 1; July 1-	4	0.5	60	12,000	70-80

			Aug 1						
Spinach	1/4 packet	Hybrid 7, Dark Green Bloomsdale, Tyee Hybrid	Feb 15-Mar. 15; Aug 1-15	6	0.5	45	2,800	50-60	
Squash, summer	1/4 packet	Seneca Prolific (yellow), Zucchini Elite (green), Sun Drops	Apr. 15-May 15, Aug 1-15	24	1.5	60	300	50-60	
Squash, winter	1/4 packet	Sweet Mama, Early Butternut, Spaghetti, Cream of the Crop, Table Ace, Lakota	Apr. 15-May 15, Aug 1-15	24	1.5	60	300	50-60	
Sweetpotatoes ⁵	75 plants	Porto Rico 198, Jewel, Pope	May 15-June 15	10	-	70	-	95-125	
Swiss chard	1/4 packet	Lucullus, Rhubarb Chard	Mar. 15-May 1	6	0.5	50	1,600	60-70	
Tomatoes (plants) ^{3,4}	15 plants	Whopper ⁵ , Mt. Pride, Celebrity ⁵ , Better Boy ⁵ , Husky Gold, Patio, Big Beef ⁵	Apr. 20-July 15	18	0.5	60	10,000	75-85	
Turnips	1/4 ounce	Purple Top White Globe, Just Right, Tokyo Cross Hybrid, White Egg, All Top	Feb 1-Apr 15; Aug 1-31	2	0.5	60	13,000	55-60	
Watermelons	1/2 ounce	Congo, Sweet Princess, Golden Crown, Yellow Doll, Tiger Baby	Apr. 15-June 1	60	1.5	70	250 ³	90-100	