

Vegetables Recommended for Virginia

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VEGETABLE VARIETY	REMARKS	RESISTANT TO THE FOLLOWING	VEGETABLE VARIETY	REMARKS	RESISTANT TO THE FOLLOWING
Asparagus Jersey Giant F ₁ (2-3 years) Jersey Gem F ₁ (2-3 years)		furasium crown and root rot, rust	Cauliflower Candid Charm (65) White Sails (55)	early spring or fall, self-blanching (wrapper leaves protect head)	more heat tolerant more heat tolerant
Bean, Bush Roma II (59) Dwarf Horticultural (65) Derby (55) Slenderette (55) Kentucky Wonder 125 (60)	shell beans canning bush, with pole bean flavor	mosaic, mildew mosaic NY 15 and common mosaic mosaic mosaic, mildew	Corn, Sweet Silver Princess (73) Breeders Choice (68) Silver King (82) Argent (86) "Improved Silver Queen" Golden Queen (95)	early maturing good husk protection earlier white, tight husk	birds
Beans, Lima Bridgeton (65) Jackson Wonder (65) Fordhook 169 (75)		downy mildew heat and drought downy mildew (races A,B, & D)	Cucumber Dasher II (60)	slicing	anthracnose, leaf spot, mosaic mildew, scab same as Dasher II
Beet Ruby Queen (65) Detroit Dark Red (60)			Everslice (60) Bush Whopper (68) Sweet Slice (65) County Fair (55)	slicing slicing slicing pickling & slicing	anthracnose, leaf spot, mildew mosaic, downy mildew anthracnose, leaf spot, mosaic, scab, mildews cucumber beetles/bacterial wilt
Broccoli Packman (60) Windsor (66) Green Goliath (80)	for early crop for fall crop (and spring in mtns) bears over long period	heat heat – downy mildew	Eggplant Mission Bell (95) Black Knight (110) Little Fingers	oval shape slender, oriental type	
Brussels Sprouts Jade Cross (110)			Kale Vates Dwarf Blue (55) Dwarf Siberian (80)	spring or fall overwinter	
Cabbage Gourmet (70) Stonehead (75) Dynamo AAS (68) Guardian (80) Two Season (85)	longstanding Chinese cabbage	yellows yellows bacterial spot (2# dwarf heads) black rot	Lettuce Salad Bowl (50) Summer Time (72) Mission (80) (Trial) Dark Green Boston (70) Parris Island Cos (75) Buttercrunch (65)	leaf head, heat tolerant loose heading, heat tolerant Romaine, heat tolerant Bibb-type	
Carrots *Gold King (72) Danvers (72) Imperator (78)	nearly coreless				

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Muskmelon Ambrosia (82) Apollo	fine flavor tolerates powdery mildew & fruit spot	powdery and downy mildew fusarium wilt	Pumpkin Magic Lantern (100) Merlin Howden Biggie We-Be Little Jack-Be-Little	12-15" inch carving 12-15" carving large uniform to 5# small, uniform for pre-schoolers very small, ornamental	powdery mildew powdery mildew
*Short'n Sweet (85) Athena	very dwarf vines unique sweet taste, good keeper, large, p. mildew tolerant	fusarium wilt	Radish Cherry Belle (24) Icicle (30)	round, red long, white	
Mustard Tendergreen F1 (40) Southern Giant Curled (45)			Spinach Melody (50) Vienna (80)	tolerates heat seed late Sept. for overwintering, for March/April harvests	
Okra Annie Oakley (50) Clemson Spineless (56)	spineless		Squash, Summer Butterbar (50) Superpik (50) Goldrush (50) Puma Fi (50)	yellow yellow, early, heavy, crown set yellow zucchini green zucchini	multiple viruses multiple viruses
Onion White Portugal (100) Sweet Sandwich (105)	white start seed in Jan.; Vadalia-type brown		Squash, Winter *Table Ace (80) *Butterbush (96) Waltham Butternut (96) Buttercup (100)	acorn butternut white white	
Ebenezer (110) Mustang (110)	brown; stores well after curing		Swiss Chard Rhubard (50) Lucullus (45-55)	red green	
Peas Knight (56) (early) Sugar Snow (70) (snap)	tolerates heat, stringless! tolerant of downy mildew and fusarium wilt	fusarium wilt fusarium wilt	Tomato Big Beef (AAS) (73)	excellent flavor, large, early	fusarium wilt, vertic, leap spots, TMV virus
Wando (68) Green Arrow (70)	edible pod, flat, snow pea		Mountain Spring	concentrated set, good canning excellent flavor	verticillium, fusarium wilt
Dwarf Gray Sugar (68)		fusarium wilt	Celebrity (70) Better Boy VFN (105) Sweet 100 (65) Plum Dandy (Roma type)	cherry tomato plum, top flavor, yields	verticillium, fusarium wilt
Peas, Southern Queen Anne (56) Purple Hull Crowder (60-70)			Turnip Tokoyo Cross (40) Purple Top White globe (55) All top FI (45)	white, fall fall crop only for greens only	
Pepper Lady Bell (110) Boynton Bell	sweet sweet, early compact plant, green bell turns bright red	drought, mosaic bacterial leaf spot (races 1, 2, & 3)	Watermelon Petite Sweet (80) *Sugar Bush (75) Starbrite (90) Chifton Seedless Yellow (86) The Heart Series (Jack, Queen & King of Hearts) (80)	8 pounds 10 pounds 25-30 pounds 12 pounds 10-18 lbs., seedless, crisp extra sweet (Jack of Hearts is smallest)	anthracnose and fusarium wilt
Mucho-Nacho (100) Huge Jalapenos Red Cayenne (110)	hot hot	viruses			same as above, extra flavor anthracnose, fusarium wilt, and hollow heart (OK)
Potato, Irish Steuben (eastern Va) (100) Superior (eastern Va) (100) Pontiac (100) Yukon Gold (western Va) (112)	red high flavor, mosaic, late blight, stores well western Va on S or SE slopes	uses 1/2# gypsum per pound of seed potatoes in-furrow to prevent Black Heart			
Potato, Sweet Centennial (120) Jewel (120) Baker (120)					

*These varieties specifically bred for minimum space requirements, as for urban or high density plantings. Your Extension agent can advise you of sources of supply for new varieties.

**Numbers in parentheses indicate time, in days (unless otherwise stated) till beginning of harvest period.